



Local Scene
See what's going on.
Calendar on back page!

**Animal control looking for
poodle mix after bite
in Southport**

Page 4

**POLICE
LOG
Below!**

West Sacramento NEWS-LEDGER

USPS 388-320

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Wednesday, September 25, 2013

Woman killed when ejected from car

■ **Rear seat passenger was 'unrestrained,' says Yolo County coroner's office**

By Steve Marschke
News-Ledger Editor

A 26-year old West Sacramento woman is dead after the car she was riding in left the roadway and rolled over early Saturday morning at Jefferson Boulevard and Stone Boulevard.

The Yolo County Coroner's office on Monday released her identity: she was Hope Angeli Castellano, and she was killed after being ejected from the car during the accident. She had not

been wearing a seatbelt, said coroner's spokesman Mark Persons.

West Sacramento Police Lieutenant Tod Sockman said the accident occurred at about 1:30 a.m. to the "single vehicle rollover

accident." Castellano had been in the back seat of the car, he stated.

A Toyota Prius (driven, according to media reports, by 27-year old Thanh Hoang of Sacramento) was traveling south on

Jefferson when the car left the road and rolled over once. While Castellano was ejected, Hoang and a second male passenger, Randolph Enriquez of West Sacramento, were both treated for moderate-to-

serious injuries.

Castellano was pronounced dead at the scene.

Jefferson was closed for several hours while police investigated the accident.

The investigation is still ongoing.

POLICE LOG

News items below are collected from police dispatchers' notes and arrest reports. The information in them has often not been verified beyond the initial reports.

Sept. 17, 1:15 a.m.

An Evergreen Avenue truck leasing business contacted police. A Stockton man had rented a truck and never returned it, and did not respond to a certified letter.

Sept. 17, 8:32 a.m.

A woman came to the police lobby to report her son had found a "Nook" digital reading device in a leather case with no ID. They turned it in.

Sept. 17, 10:04 a.m.

The postal facility on Industrial Boulevard reported a case of embezzlement.

Sept. 17, 4:45 p.m.

A Southport woman said her ex-boyfriend "continues to send harassing emails and texts."

Sept. 17, 5 p.m.

Laptops and personal belongings (worth about \$1,350) were reported stolen at a West Capitol motel.

Sept. 17, 11:13 p.m.

An officer tried to stop a 26-year old Maple Street man seen riding a bike the wrong way at West Capitol and Sycamore avenues. The cyclist fled.

He was caught and arrested for fleeing a traffic stop, and also for violating probation.

Sept. 17, 11:25 p.m.

A north-city woman told police that she had been in bed earlier when her husband returned home from "being out drinking."

The man pounded the door to be let in. As she approached the door, he kicked it open, injuring her foot slightly. Then he cussed at her, took his things, and left — probably for the rest of the night, she suspected.

There was no other physical contact between the two, and no medical aid was needed.

The officer took photos of the damaged door and helped her secure it.

The woman said her husband was "a recovering alcoholic and has not been taking his meds."

See POLICE LOG, p. 4

GUEST COMMENTARY:

Tips to enjoy local trails safely

By Bob Schneider
Tuleyome

Now that the weather is starting to cool off we can all get outside and start hiking again! I am really looking forward to revisiting my favorite trails in the region — including the recently opened trail leading to Berryessa Peak. In our enthusiasm to hike, though, it is important to remember to plan and be safe to avoid unnecessary pain and suffering. But sometimes accidents do happen.

We are truly fortunate to have dedicated public safety men and women who take time away from their families and incur personal risks to aid those in need. But let's be sure that we take personal responsibility to avoid unnecessary rescues and do our best to let them enjoy their time at home.

Top Ten Safety Pointers:

1. Know where you are going — and let others know. There are maps online and trail books at outdoor stores. Plan your trip and let your family and friends know your plan. I suggest that new hikers first take trips with hiking groups in the region.

2. A whistle? Signal mirror? Cell Phone? It's nice to be able to call for help when really necessary but keep in mind that often trails can be well out of cell phone range. Before you make that "rescue me" call, ask yourself: *Is somebody injured? Is this a*



Hiking Walker Ridge in the nearby Berryessa mountain area

(Photo credit: 'Yolohiker')

life-threatening emergency? Do I really need help or can I figure this out for myself?

3. Take a hat, dark glasses and sunscreen with you — and use them.

4. It is good to have some basic First Aid supplies. Super glue and duct tape are invaluable but you can also purchase small First Aid kits at outdoor stores.

5. Keep up your energy level. A sandwich, nuts, dried fruit and energy bars can give a quick boost and make for a happier hiking experience.

6. Mountain lions: attacks are extremely rare but it's wise to be particularly aware if you're walking with pets or children at dawn or

dusk. I have not seen a mountain lion in our region (yet) but I vividly recall seeing footprints on two frost-covered steps at Cold Canyon. It was exciting and just a bit scary! And, yes, there are also rattlesnakes out there. They don't always rattle and will generally avoid us unless startled, provoked or stepped on. Personally, I do not recommend getting closer for a photo.

7. Starting your hike late and getting "be-nighted" is not a reason for rescue! Flashlights or headlamps can allow you to hike during those unplanned nights out.

8. Take adequate water; at least a quart or two for a day hike. I use a water bladder and hose for sipping. Whenever I think

of water or thirst I always take a sip to stay hydrated. 9. Weather can change dramatically on the trail so be prepared for everything. If the forecast calls for rain you'll need to dress in layers with polypro or other wicking material close to your skin. Your outer layers can be Gore-Tex, but in our area you're often better off with a waterproof raincoat and rain pants.

10. Lastly, *stay on the trails*. Trails are built through careful planning and with the landscape in mind. Cutting switchbacks causes erosion and habitat destruction... and ultimately someone has to pay to repair the damage caused by inconsiderate hikers.

Classes on 'homesteading' skills continue

From the County of Yolo

The Mary L Stephens Davis Branch Library in Davis, is offering the third of the "Farm It! Darn It! The Urban Homesteading Series" on Wednesday, September 25, 7:00-8:00 p.m. in the Blanchard Room of the library, located at 315 East 14th Street in Davis. Ellen Dean, Curator of the UC Davis Center for Plant Diversity, will give a "hands-on" presentation on Kitchen Botany, the structure and classification of common supermarket fruits and vegetables.

This is the third of a four-part series of workshops for those looking to create a sustainable lifestyle or just interested in acquiring a cool, new skill. The final workshop will be held on Tuesday, October 8, 7:00-8:00 p.m. and will focus on homemade ricotta. Julie Cross, Davis Food Co-op Marketing and Education Director and Julie Loke of the Davis Food Co-op Teaching Kitchen, will demonstrate how to make ricotta cheese as well as share recipes to use both the cheese and leftover whey. No reservations are required.

For more information, contact Joan Tuss: (530) 757-5588 or joantuss@yolocounty.org, visit the library's website: www.yolocountylibrary.org or connect with the Yolo County Library on Facebook at www.facebook.com/yolocountylibrary.org.



RIGHT: Curator Ellen Dean

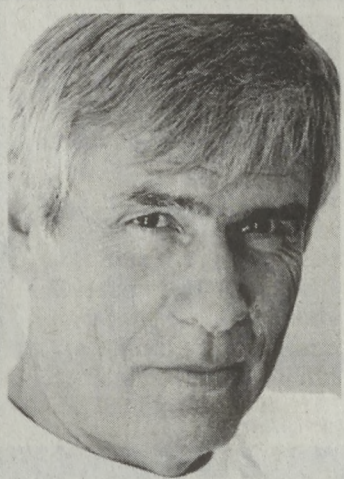


Still crazy for Cootabloodymundra

As much as I love the written word, it's the spoken word that has always fascinated me. I think it began with a college fraternity brother of mine who had been raised in the American South and had the slowest of slow drawls that I had ever heard. When I asked him why he spoke that way he smiled and said, "Well, if you've ever been down South in the summer time during all that heat and humidity, you would know how much effort it takes to just put a simple sentence together, so most of us Southerners learned early on that it's a whole lot easier to just take our time and speak very, very slowly."

I have often wondered if we really know what we sound like to those around us? I once heard my voice on a telephone answering machine and couldn't believe it was me. Interestingly enough, a recent study found that most of us actually prefer the sound of our own voice to the voices of others. But my favorite accent has always belonged to the Australians. I almost immediately fell in love with the way Aussies speak way back in 1969 when the U.S. Army let me take a whole week off from the Vietnam War and go to Sydney, Australia for my R&R. And what a lovely big modern city it was, right on the sea with pretty brick homes everywhere and very friendly people speaking English in what seemed to me the most wonderful

My Back Pages



By Daryl Fisher

way possible.

"I'm not exactly sure why it is," said an Australian friend of mine, "but I think it's true that most Americans generally quite like an Australian accent. But when I lived in Virginia for a few years I remember opening my mouth to speak and it was like biting into cake hot out of the oven and it falling into a thousand crumbs. It seemed messy and inelegant compared to the way you Americans speak English. To my ear, my voice sounded jarring, like shattering glass among the pebbly-smooth American accents. And those poor nice Virginians sure spent a lot of time saying 'Pardon?' when I spoke to them."

As our conversation continued about some of the

different ways Americans and Australians go about speaking English, I also learned that Aussies like to have fun with their language.

"We like to fiddle with our words," explained my friend from Down Under. "You know, kind of Australianize them and make them our own, although sometimes I think we just like to juvenilize them and make them sound cute. And so we have mozzies instead of mosquitoes, and cozzies instead of swimming costumes, and brekky instead of breakfast, and bickies instead of cookies, just to name a few. And our language is also full of understatement and overstatements, twists and subtleties. For instance, if your best mate called you a 'total bastard', it's actually a compliment, but if he called you 'a bit of a bastard', you should begin to run."

"Really?" I asked, smiling.

"Plus the Australian sense of humor is also embedded in the colorful way we use our language," continued my friend, "going all the way back to our convict heritage. And we have also been blessed with lots of beautiful Aboriginal words, although you have to live in Australia forever to properly pronounce some of our Aboriginal places like Woolgoolga, Woolloomooloo, Yackandandah, Uputipotpon, Manangaroo, Moolooloo, Wollongong, Koolyanobbing, and my personal favorite, Mamungkukumpurangkuntjunya, which, by the way, means 'where the devil urinates'. And only in Australia would you find places with names like Boyland, Come By Chance, Banana and Orange, Doo Town, Foul Bay, Humpty Doo, Tom Ugly, Useless Loop, Rooty Hill, Nowhere Else, and Mt. Buggery."

"What I remember best about Australia,"

'And we have lots of Woop Woop towns,' explained my Australian friend, 'which is actually pronounced different than it sounds -- something like a bird call.'

I said, "is that it only took about a 30-minute drive out of Sydney to be in a whole different place, with vast vistas and some of the most other-worldly scenery I had ever seen."

"One of my favorite places in Australia -- both enjoyable to the tongue and the eye -- is Cootabloodymundra, which I think you would call a 'one-horse town'. And we have lots of Woop Woop towns, which is actually pronounced different than it sounds, something like a bird call. All Woop Woop places are wonderfully remote and isolated and backwards, like I guess being 'out in the sticks' is in America. Actually, in Australia we can drive for many hours and hundreds of miles in a vast, paprika red and juiceless blood orange dustbowl under a massive blue dome of sky, and it all qualifies as Woop Woop. Anyway, I have always loved the way us Aussies have gone out of our way to have fun with our language and it continues to this day. I mean, where else in the world can you be happily driving along and come upon Curly Dick Road?"

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News submissions: The News-Ledger welcomes information on local news

and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the News-Ledger office.

Advertising: The deadline for classified advertisements is prior Friday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs \$3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the News-Ledger office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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Lambtown festival

The 27th Annual Dixon Lambtown Festival will be held on October 5-6 at the Dixon Fairgrounds. There will be lots of crafts and food booths and kids' activities, including bounce houses, rock climbing, pony rides, face painting and much more. The food booths will feature a wide variety of lamb dishes, including BBQ lamb sandwiches, lamb kabobs, and oriental lamb rice bowls. General admission is \$3,

with kids under 5 and active duty military members just \$1. For more information on all the festivals many activities for both adults and children go online at Lambtown.org.

Sunset train ride

The Sacramento Railroad Museum will hold its second annual "Sunset Train Ride" on October 5. The one-night-only "Ales on the Rails" brew sampling event will take place on the Sacramento Southern

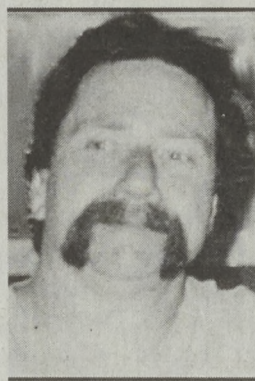
Railroad where adult passengers will have the opportunity to sit back and view the Sacramento River while rolling along and sampling tasty appetizers and artisanal brews. The train departs at 6:30 pm with tickets at \$40 per person with a \$3 service charge. All passengers must be 21 or older and for advance tickets and more information go to www.csrmmf.org or call 445-5995.

Porcelain show

The Camellia City Porcelain Artists will hold their 22nd Annual Art Show and Tea on October 12/13 (starting at 10 am both days) at the Sacramento Garden and Art Center, 3330 McKinley Boulevard in Sacramento. There will be a display of beautiful hand-painted porcelain along with ornaments, cups, saucers, mugs and much more. Tea and refreshments will be served.

See BRIDGE, p.3

Obituaries



Robert Aurel Kephart

Robert "Robbie" Kephart passed away peacefully on September 9, 2013. He was preceded in death by his parents, Bob and Betty Kephart, and his sister, Jenny. He is survived by his daughter, Amber; his granddaughter, Asa; his partner, Diane; his sisters,

Christine, Darlene, Ronna and Laurie; seven nieces and nephews; and many dear friends.

Robbie grew up in West Sacramento and spent most of his life here. He was an iron worker until ill health necessitated an early retirement. He overcame many obstacles in his life and was most courageous when faced with illness, spending as much time as he could enjoying outdoor trips, reminiscing, and being with those he loved and cared about.

Family and friends will gather to remember Robbie on October 6, 2013 at 1pm at VFW Post #8762, 905 Drever Street in West Sacramento.

Nancy S. Anderson

Nancy Anderson passed away at the age of 58 on September 6, 2013 after enduring a 12-year coma. She loved life and children, especially her daughter, Leticia Marie. She was a devout Christian and is survived by her daughter, Tish (Chris) Palamides; her grandchildren, Christian, Gabriella and Robert; her sisters, Brenda Greenhalgh, Patricia Bergdahl and Jeanine Suttle; numerous nieces and nephews; and family and friends who have kept her in their memories and prayers throughout the years.

Nancy graduated in 1973 from John F. Kennedy High School and taught preschool in Elk Grove. She will be remembered for her huge heart and little laugh. A very special thanks to her family at Sutter Roseville Hospital for their unwavering care throughout the years.

A memorial will be held on September 28, 2013 at 11 am at River Cities Funeral Chapel in West Sacramento. Inurnment will be at St. Mary's Cemetery in Sacramento.

In lieu of flowers, donations can be made in Nancy's name to Our Lady of Grace School in West Sacramento.



Linda S. Patrick Attorney at Law

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'THE HEART OF THE CITY': one last column from a local sports fan

Time flies!

We all know that intellectually. But when your time zips by, and you wake up one day and you are 60 (yes, 60) and the AARP info starts coming and you get a copy of the Senior Resource Services Guide from Assemblyman Roger Dickinson in the mail...

Now, Roger is a good guy. But what are you telling me, Roger?

I remember the first Super Bowl, and a time when the United States Men's Soccer team struggled to make the World Cup Finals. Now they have qualified seven times in a row.

I used to be a member of the noon-meeting Rotary



BY DON SCHATZEL

Club and am a proud past president of that chapter. Eighteen years ago, my older daughter Jordan would be asleep and I would put her in a kid carry-all

and take her to the Rotary meetings to make sure I would not miss one.

That was 18 years ago, and now she is a college student. My younger daughter, Emily, and her friends are now freshmen at River City. Remember when they were 8-year old soccer and softball players?

My family and I are simply no longer involved in youth sports as we once were. I no longer coach the Hooligans Soccer team. Dale Calles does his usual great job in coaching them, and my family is just not around youth sports as much as we have been.

I have always thought there were great things happening in our community and school district and a lot of

them were pretty much a secret. There were stories that needed telling and I tried to do that in this periodic column in the News-Ledger.

I now enjoy listening to the folks in surrounding cities and communities who are losing the economic battle to West Sacramento, and they still bring up our gang issues and our schools in a critical way. Nice try, folks. No room to criticize anymore.

Oh by the way have you seen our riverfront development lately? That really isn't a Delta breeze that's blowing -- it is region's power and influence shifting to West Sacramento!

But, not being around youth sports as much as before, it

is nearly impossible for me to get any information and write about it. So I guess this is the end.

I want to thank Editor Steve Marschke for giving me the opportunity to write about youth sports in town. I am not a "writer" (obviously) but attempting to highlight the great people in our community and their tremendous accomplishment is worth writing about.

These people can be very proud. I was very proud of them, even though (ironically) we occasionally found ourselves on opposite sides of the field. But no matter who won, I couldn't lose. If our youth sports team won, well we won. If our team lost to a West Sac

team, and all went well, then, we eventually all became teammates at River City High School as the kids got older. It's a win either way for my family.

I also very much appreciated those of you who would catch me at the store and tell me you have read the articles and enjoyed them. I found that very gratifying and hope these columns gave some helpful information that made living in West Sacramento a little more fun.

Thanks for everything and a special thanks for reading this last article.

Time for me to go take care of my horse!

BRIDGE from p. 2

Admission is free. For more information call 530-878-7750.

Archives crawl

Four downtown Sacramento locations that include the California State Archives (1020 O Street), the California State Library (900 N Street), the Center for Sacramento History (551 Sequoia Pacific Boulevard) and the Sacramento Public Library (828 I Street) will host the 3rd Annual Sacramento Archives Crawl on October 5 from 10 am to 4 pm. The free event will allow guests to view rarely seen treasures from archival collections with free transportation between host locations via a

1950s-era transit bus. For more information call 808-7072 or visit www.sacarchivesvrawl.blogspot.com.

Free museum admission

Six Sacramento area museums are offering free admission all day on September 28. Free tickets are available for download at www.smithsonianmag.com/museumday, good for two guests. The participating museums are Aerospace Museum of California, Californian Automobile Museum, California State Military Museum, California State Railroad Museum, Maidu Museum & Historical Site and the California Museum. A valid email address is required and the offer

is limited to one ticket per household.

Women's health and wealth

The Capital Region Women's Conference will sponsor a daylong event on September 27th at the Sacramento Convention Center that will address the health and wealth challenges of time, energy, growth, community and balance being faced by more and more women. The conference will focus on bettering the lives of women by helping them find the tools they need to build and foster better relationships with themselves and others. During breaks attendees can sample and sign up for new services, goods, foods, and experi-

ence workouts, massages, obstacle courses, activities and technologies. To purchase a ticket or for more information, including a list of panels and speakers, go to www.capregionwomen.com.

Widowed persons

The Widowed Persons Association of California meet every Sunday from 3-5 pm in the meeting room of the WPAC office, 2628 El Camino Avenue, Suite D-18 in Sacramento. The support group is designed to help those recently widowed, but any and all widows and widowers are welcome to attend. There is no charge and for more information call 972-9722.

Letters to the Editor

9/11 flag display support

I personally want to thank each and every person in West Sacramento and the Sacramento region who attended the 9-11 Memorial Flag Display this year. I truly appreciate your willingness to demonstrate your support of the Memorial and I thank you for honoring the many victims of the 9-11-2001 tragedy.

I also want to thank the City of West Sacramento for allowing us to use the field at the corner of Jefferson Blvd. and South River Road, and for ensuring it was well prepared for the display to be erected.

Thank you to the members of the West Sacramento branch of CERT (Community Emergency Response Team) who volunteered their time and strong backs to help set up and take down the display. And to the community members in West Sacramento who just showed up to volunteer their time and energy in over 100 degree weather I offer a special thank-you.

This year we logged our largest attendance in the history of the Memorial, with a record of nearly

3000 people signing our guest book. I am looking forward to presenting the display again next year.

JOHN VINSON
Sacramento

Editor's note: Mr. Vinson is the organizer of the annual September flag display set up in West Sacramento to commemorate the terrorist attacks including those of September 11, 2001. This year's display included thousands of flags at the corner of Jefferson Boulevard and South River Road.

You may send your letter on a topic of local interest to: steve@news-ledger.com. Please include your real name (for publication) and your address and phone number (not for publication).

Send your local, nonprofit calendar event news to:

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LOCAL from p. 10

Planning meetings are scheduled for Oct. 17 & 21.

'Harry Potter' festival

You can watch every "Harry Potter" movie for free -- and fortunately, you don't have to do it all in one sitting. Viewings are planned at 2 p.m. on Saturdays, September 7, 14, 21 and 28, and Oct. 5, 12, 19 & 26, in the library at 1212 Merkley Avenue. Enter through Platform 9 ¾.

Vintage fashion

Crickets Creative Apparel presents "Vintage Fashion Follies," showcasing "fashions from 1850 to present," from 4:30-7:30 p.m. on Sat., Oct. 19, at the West Sacramento Community Center's Black Box Theater (1075 West Capitol Ave.).

The event is a fundraiser for the West Sacramento Historical Society. \$25 in advance or \$30 at the door; includes door prize opportunities, hors d'oeuvres and beverages (alcohol sold separately). For tickets, go to www.brownpapertickets.com/event/451130. To buy with cash or check, call 372-7438. Prepaid tickets will be available at 'Will Call.'

For information, call 372-7438 or email cecilia.vas@earthlink.net or thoml4@earthlink.net.

Multicultural fair

The West Sacramento Multicultural Fair returns to West Sacramento on Sat., Oct. 5, from 10 a.m. to 4 p.m. at San Pedro Park, 708 N. Hobson Avenue. There will be food, music, dance, local artists, games and more. Community organizations and vendors are invited to reserve a booth. Visit <http://www.bryteandbroderick.org/FairandParade2013.cfm>.

Fraud prevention

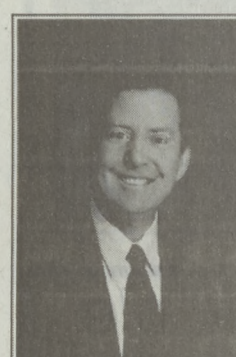
A fraud awareness fair is planned for Oct. 16, from 10 a.m. to 2 p.m. at West Sacramento's city hall (1110 West Capitol Avenue). There will be information on fraud prevention, workshops from various law enforcement agencies and financial institutions and more. You're invited.

Retire old American flags

The Gold Country chapter of the U.S. Submarine Veterans will host a special flag retirement ceremony at 10 a.m. on Sat., Sept. 28, at the Elks Lodge, 423 Third Street in Sacramento. The public may drop off used U.S. flags to be honorably retired between 8-9:30 a.m. on that day. The retirement ceremony is open to the public.

Tire recycling

There's a free tire recycling event at the Yolo County Landfill (44090 C.R. 28H in Woodland) from 9 a.m. to 1 p.m. today. Yolo residents may drop off their used passenger car, truck or tractor tires during this event. Bring up to nine. Business-generated tires not accepted. For more information, call (530) 666-8856.



Mark F. Johannessen
J.D., M.B.A., C.P.A.
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POLICE LOG continued from front page

Sept. 18, 8:02 a.m.
An officer was dispatched to an automotive shop on Seaport Blvd. where the glass front door was found shattered. Nothing appeared missing. A businessperson at the site reported the company had recently "let go" an employee who was "disgruntled."

Sept. 18, 10:13 a.m.
Police responded to a burglary on Poplar Street, where a woman said someone had just stolen her four medicinal marijuana plants from her backyard. She related that she had been taking a shower when she heard her dogs barking, and:
"I went to my backyard and found my dog barking at the corner of the backyard (and) I noticed that my dog's right eye was red. I looked at my marijuana plants and all four were gone. I also found a pepper spray bottle near my marijuana plants. My next door neighbor saw a guy jump over her fence using a ladder."
The suspect broke a couple

of pots at a neighbor's house, apparently during the escape. A witness said the suspect was one of two men seen in a black Chevy Tahoe that took off "at a high rate of speed" right after the robbery.

Sept. 18, 9:30 p.m.
A 76-year old woman reported from a Riverpoint Court parking lot: "three people yelled at car, threw unknown liquid."

Sept. 19, 1:47 a.m.
An officer stopped a 24-year old man driving with no front license plate on the 1500-block of Sacramento Avenue. A warrant check showed the man had a suspended license (due to a DUI) and a misdemeanor warrant for DUI. He was arrested.

Sept. 19, 7:48 a.m.
Police responded to a domestic incident in the northern part of the city. The woman there said she had been arguing with her boyfriend, and although it hadn't turned "physical,"

the man had prevented her from leaving.
The man told an officer that his girlfriend had a "chemical imbalance" and that "earlier in the morning, the bathroom door was stuck, and (she) thought (he) was trying to keep her from leaving."

The woman went to a friend's house while the pair cooled off.

Sept. 19, 7:30 a.m.
A 22-year old woman reported her Chevy Impala's tires had been slashed while parked on Holland Drive.

Sept. 19, 12:35 p.m.
A police officer noted seeing a certain 39-year old woman "several times today along West Capitol Avenue without any obvious

purpose or reason." The officer contacted her, finding she had an arrest warrant. The woman had medical issues, and was released by the officer with a "notice to appear" in court while being treated at a hospital.

Sept. 19, 4:33 p.m.
Loss Prevention personnel at a Riverpoint Circle store called police after seeing a woman put several pieces of merchandise into a backpack and walk out through the store's garden section.

One confronted her and placed her under citizen's arrest. A responding officer arrested her, read her her rights, and looked inside the backpack. The officer found a black DVD case

containing two syringes – one containing a clear liquid. The woman went to jail.

The liquid later tested positive as 0.44 cc's of methamphetamine.

Sept. 20, 2:30 a.m.
Police were dispatched to an apartment complex on the 3400-block of Evergreen Avenue after hearing that a 32-year old man there had been causing a disturbance and making threats. According to a security guard:
"(Another) tenant had heard him through a wall saying he would 'kill security if they talked to his son again' and he would 'cut the manager's throat.'"

Management was trying to evict the man "because his behavior has become more erratic." Among other things, the subject had

challenged the manager to a fight after the manager asked him to put his dog on a leash."

Sept. 20, 2:03 p.m.
Police responded to the report of an illegal homeless campground near Crown and Arlington. They arrested a 34-year old transient on a warrant.

EDITOR'S NOTE: The West Sacramento Police Department is undergoing a transition in its data management. Not all the usual documents are available for the News-Ledger's inspection during this transition.

Send your local, nonprofit calendar event news to: steve@news-ledger.com (please put 'Local Scene' in the subject line). Include contact information.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on October 9th, 2013 at or after 11:30 AM on the premises where said property has been stored at CubeSmart formerly U-Store-It, located at 541 Harbor Blvd., West Sacramento, CA 95691, phone# (916) 371-6882 the following described goods: Misc. household/personal items and boxes, unless otherwise specified. These goods are the lien property of the following tenants units:

A12 Penny Watson, D37 Joshua Cruz, F06 David Smith, F15 Daniel Kwitken,, G27 Alexandria LaMore, G28 Dalen Cabano, G46 Elizabeth Matthews, I42 Tim Ringor, K02 Ramona Quiles, K62 Yolanda Gallaway, L35 Olympia Mendez, L44 Christina Cordova.

Purchases must be made with cash only and paid at the time of sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage reserves the right to refuse any bid. Sale is subject to adjournment.

9.25.10.2

NOTICE OF PUBLIC LIEN SALE

Notice is hereby given that the undersigned intends to sell at public auction the personal property described below. A lien imposed on said property pursuant to section 21700-21716

of the Business & Professions Code, and provisions of Civil Code. The undersigned will sell at public auction by competitive bidding on October 9th, 2013 at or after 11:30 AM on the premises where said property has been stored at CubeSmart formerly U-Store-It, located at 541 Harbor Blvd., West Sacramento, CA 95691, phone# (916) 371-6882 the following described goods: Misc. household/personal items and boxes, unless otherwise specified. These goods are the lien property of the following tenants units:

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Purchases must be paid for at the time of sale in CASH or CREDIT CARDS ONLY. Items are sold AS IS WHERE IS and must be removed at the time of sale. CubeSmart reserves the right to refuse any bid or cancel auction.

Sep 25 Oct 2

Poodle mix sought after Southport dog bite event

The Animal Services Section of the Yolo County Sheriff's Department is looking for help in finding the dog involved in a biting incident Thursday morning in Southport.

According to spokesman Mark Persons of the sheriff's department, a man noticed the apparent stray near Lake Washington Boulevard and Redwood Avenue.

"The victim approached the dog in an attempt to get information from the tag on its collar," said Persons in a press release. "At that point, the dog bit the victim, causing moderate injury. Animal Services received the bite report from the victim, and a search of the area has failed to locate the dog."

Typically, if a biting dog can't be located and screened for rabies, the bite victim must undergo extensive treatment for possible rabies exposure.

"The biting dog is described as a small poodle mix, 10-15 pounds, with curly white hair and (is) possibly named 'Tracy'," reported Persons.

He asked anyone with possible knowledge of the dog to contact the Animal Services Section at (530) 668-5287 or animal.bite@yolocounty.org.

Anyone with knowledge of the biting dog who conceals such knowledge could be guilty of a misdemeanor, added Persons.

TRAIL from p. 1

bites when they happen, it's essential to check yourself, your clothing and your pet for ticks when you get back home from your trip.

I want everyone to enjoy our region and to do so safely. Our first responders want to help when really needed but let's avoid all unnecessary call-outs. When hiking have fun, be smart and keep safe! And, as always, don't litter; pack out what you take in.

Tuleyome Tales is a monthly publication of Tuleyome, a 501(c)(3) nonprofit conservation organization with offices in Woodland and Napa, CA.

BOOKS from p. 5

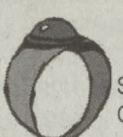
worse catastrophe from destroying them all.

Ballantine has a talent for subtle world building. Rather than dumping all the elaborate backstory at once, she reveals it piece by piece in ways that feel organic and natural. And this is truly an excitingly unusual world. Gods and monsters walk Cahaero and the spaces around it, manipulating mortal and immortal residents alike for their own hidden purposes. Uncertainty and chaos lie in the very bones of the constantly changing earth, but they are to be welcomed and celebrated as much as feared.

"Kindred and Wings" continues the epic tale begun in "Hunter and Fox," which together make a compelling, imaginative fantasy duet. This satisfying sequel puts a period to one chapter of this world's history, while leaving the door open for new adventures.

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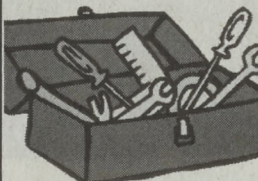
8.13



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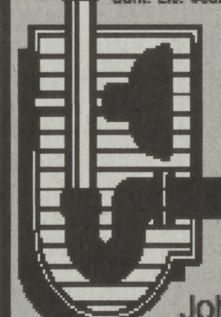
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PICKS OF THE WEEK

"Much Ado About Nothing" (PG-13) -- Shot on a shoestring budget in less than two weeks, the best romantic comedy of the summer almost looks like a home video project. It sort of is: Joss Whedon (yes, the director of "The Avengers") directed this Shakespearean adaptation around his California home. The modern setting, costumes and black-and-white filter give the story a film-noir feel -- which goes perfectly with the pithy back-and-forth of Shakespeare's original text.

The plot follows an evil scheme to discredit a fair young lady and stir up chaos between families. However, two attractive singles who outwardly hate each other -- all while being oblivious to

the sexual tension between them -- hijack the plot. You don't have to pretend to like this just to make your English teacher happy; it's actually enjoyable.

"The Purge" (R) -- In a dystopian future, far far away, society has gotten so screwed up that we give a free pass to all crimes for one night every year. This night is called the Purge, and only rich folks have the means to protect themselves from the chaos. Or so they think. Ethan Hawke's family is targeted by a particularly persistent bunch of masked bandits who want to lynch a man they let into their fortified home. The movie takes that odd little premise and tries to load a lot of social commentary on top. It's just not sturdy enough to hold.

"Monty Python's the Meaning of Life" (R) -- Now making its Blu-ray release, it's the bluest of the Monty Py-



Fran Kranz in "Much Ado About Nothing"

thon movies. Across several bizarre vignettes, the film ponders the meaning of life through an absurdist lens. Most of the bits can't be discussed in much detail here, just know that this movie is the most offbeat and ridiculous film in a franchise of weirdos. It also has the catchiest songs.

DOG OF THE WEEK

"After Earth" (PG-13) -- In this father-son snorefest, Will Smith plays the coolest

Space Ranger in space as Cypher Raige (cool name, bro!), while his 14-year-old son Jaden plays the less-talented Space Ranger, Ktai Raige. It's been 1,000 years since humans migrated off the earth for the welcoming embrace of space. Smith and son's spaceship crash lands on the now-hostile planet earth, leaving audiences with daunting task of watching Will Smith remotely guide his son through a tedious jungle adventure.



Hooray for Veggie Day

World Vegetarian Day is celebrated each year on Oct. 1. It is the first day of Vegetarian Awareness Month, which ends on Nov. 1 with World Vegan Day. The month-long celebration was established by the North American Vegetarian Society in 1977.

Vegetarians are people who abstain from eating all animal flesh, including meat, poultry, fish and other sea animals. An ovo-vegetarian includes eggs, a lacto-vege-

tarian includes dairy products, and an ovo-lacto vegetarian includes both eggs and dairy products. A total vegetarian (vegan) consumes no animal products at all.

Vegetarians have existed throughout history and come from a wide range of cultures and backgrounds. People adopt a vegetarian diet for a variety of reasons, including concerns about personal health, animals and the environment. Some people also may be drawn to vegetarianism because of religious and spiritual beliefs or economic considerations.

Getting enough protein on a vegetarian diet is easy as long as you eat a varied diet of unrefined foods that include enough calories to meet your energy needs.



When caloric intake is adequate, protein deficiency is virtually nonexistent. This is because protein is so abundant in the food supply. The foundation of a vegetarian diet -- beans, grains, vegetables, nuts and seeds -- are all rich in protein.

Amino acids, the building blocks of protein, are found in all plant foods, including the nine essential amino acids humans must obtain from food. Concentrated sources of plant protein include peas, beans, lentils, soy products (tofu, tempeh and meat analogs) and nuts. Contrary to what many people believe, vegetarians do not need to carefully combine foods to meet their protein needs, and no particular meal-planning approach is required. Just consume enough calories to maintain your ideal weight and include a variety of plant foods in your diet.

In general, it costs less to buy plant protein than the equivalent amount of animal protein. Beans and grains are among the least-expensive foods available.

If you want to ease your way into a vegetarian lifestyle, try my recipe for Spicy Kale with Parmesan Pasta. Kale consumption is at an all-time high these days because it creates a hardy and healthy dish. Soyrizo is a soy-based meat alternative similar in taste to Mexican soft chorizo sausage. The soyrizo and spices transform this simple pasta dish into a palate-pleaser for vegetarians and non-vegetarians alike.

SPICY KALE AND PARMESAN PASTA

1 pound kale, well-washed, tough stems removed, leaves thinly sliced
1 pound spaghetti
8-ounces vegetarian soyrizo sausage, casing removed
2 tablespoons Italian seasoning
1 teaspoon red pepper flakes
3/4 cup extra-virgin olive oil
6 cloves garlic, finely chopped
1 (14.5 ounce) can diced,

Italian-style tomatoes with juice
1/2 teaspoon nutmeg or cloves
2 tablespoons grated lemon zest (from about 4 lemons)
1 teaspoon salt
1 teaspoon coarsely ground black pepper
2 tablespoons fresh lemon juice
3 ounces Parmesan cheese, shaved or freshly grated

1. Bring a large pot of water to a boil over high heat. Heavily salt the water to flavor the kale and the pasta, using about 1/4 cup salt. Add the kale to the boiling, salted water and cook for about 5 minutes, stirring occasionally, or until tender. Using a mesh spoon or sieve, scoop the kale out of the water, but reserve the hot water to cook the pasta in. Drain the kale in a colander and transfer it to a bowl.

2. Return the water to a boil. Add the spaghetti and cook, stirring often to ensure it doesn't stick together, for about 8 minutes, or until tender but still firm to the bite. Drain the spaghetti.

3. Heat a skillet over medium heat, then add the soyrizo sausage, casings removed, 1 tablespoon Italian seasoning and the red pepper flakes, and cook, breaking up the sausage with the side of a spoon, for about 3 to 5 minutes, or until warm. Using a slotted spoon, transfer the sausage to a plate.

4. Add 1/2 cup of the olive oil and the garlic to the skillet, scraping up the browned bits in the pan, and cook for about 30 seconds. Add in the tomatoes and the juice, and the nutmeg or cloves. Cook for 5 minutes. Stir in the kale, add the remaining tablespoon of Italian Seasoning, the lemon zest, and the salt and pepper, and cook for 3 minutes. Add the spaghetti and the remaining 1/4 cup olive oil and toss to coat. Stir in the lemon juice, followed by half of the Parmesan cheese. Divide the pasta among four pasta bowls, top with the remaining Parmesan cheese, and serve. Makes 4 servings.



Recommended Reading

"Kindred and Wings"
by Philippa Ballantine
(Pyr, \$18)
Reviewed by Ealish Waddell

Centuries ago, the Valaeri race on the world of Cahaero was nearly wiped out by a genocidal ruler. Talyn, a displaced and desperate Valaeri survivor, accepted a life of exile and hatred to become the ruler's pet assassin. After 300 years of butchery, she

thought she was deadened to all emotion ... until she met Finn, and had to cast him away.

Finn himself is finding out that he's not the simple orphan bard he always thought he was, and is much more vital to this world's future than he ever could have imagined. Now he is on a journey to locate his captive brother and uncover his own buried past, but he can't seem to forget about Talyn.

Theirs are but two of the paths soon to converge in a momentous confrontation that will become the stuff of legend, when long-buried secrets of past and present come together to not only reveal the truth of that terrible day long ago, but also to prevent an even

See BOOKS, p. 4

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Comics & Puzzles

Super Crossword

Answers

DEMONS	ESCAPISM	ACT OF
ITALIC	CHARISMA	BARBI
SINGLE	WHITENAIL	ARISE
DECA	NOON	EAR
ANI	YEW	KNOCKING
INNIE	ENLAI	STY
NEILSON	WHEELS	ULA
ISRAELI	UPRUSH	
ANTEING	NORMAN	CHURCH
LOO	READE	AMMO
BONY	TUNAKNELT	LIILI
ANGELA	PRII	DOUGS
NEATER	READER	REHEATS
INCORP	UNAIRED	
MAD	AAA	TAILORNEIGHED
OLE	DRU	CLERK
OFFICE	KNACKS	EVA
CRIERS	SLO	FATE
HENNA	NEARCO	INCIDENCE
EDENS	BANDANNA	LOANED
SODAS	ATASLANT	STRAIDS

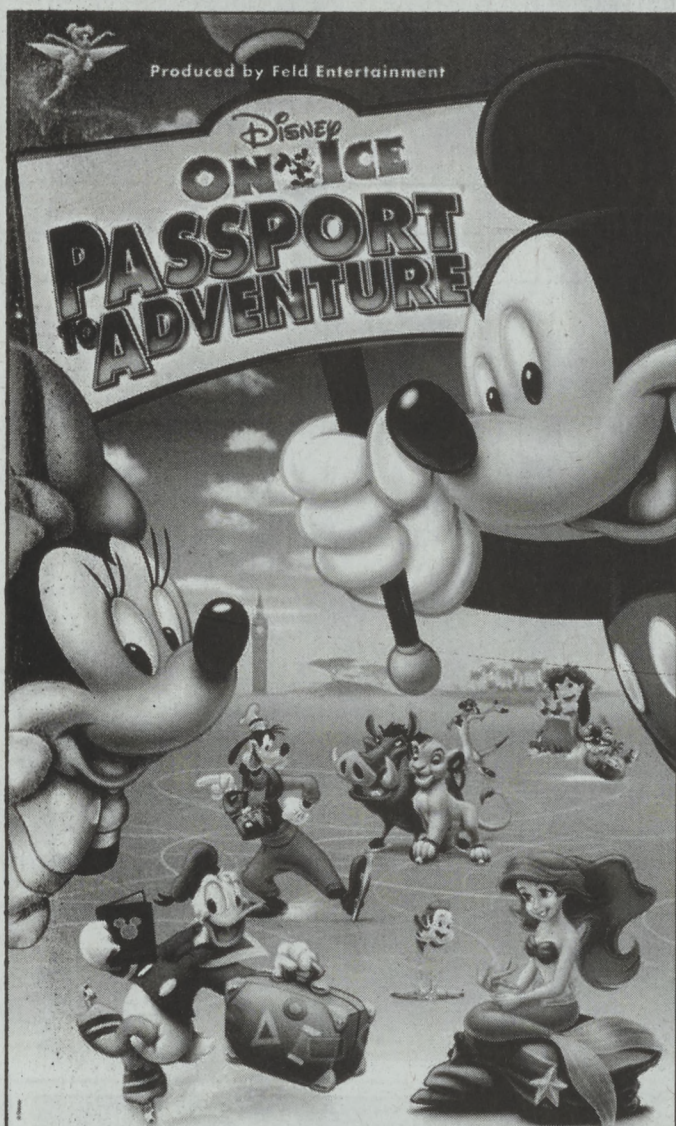
Weekly SUDOKU

Answer

6	8	3	2	1	7	4	5	9
4	5	1	9	8	6	2	7	3
9	2	7	5	4	3	1	8	6
8	6	2	1	7	9	5	3	4
7	9	4	3	2	5	6	1	8
3	1	5	8	6	4	7	9	2
2	4	9	7	5	8	3	6	1
1	7	8	6	3	2	9	4	5
5	3	6	4	9	1	8	2	7

TEA

DIFFERENCES: 1. Curier is missing. 2. Moon is different. 3. Robot is missing. 4. Sleeve is shorter. 5. Picture is missing. 6. TV dial is missing.



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PUZZLES & COMICS

R.F.D.

by Mike Marland



Amber Waves

by Dave T. Phipps



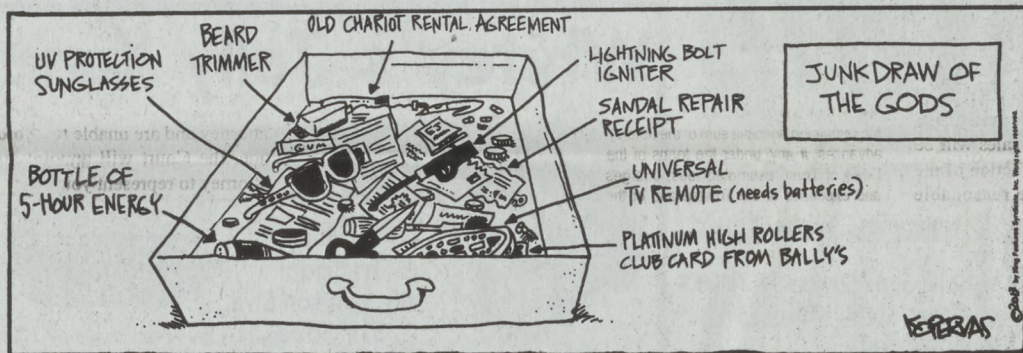
The Spats

by Jeff Pickering

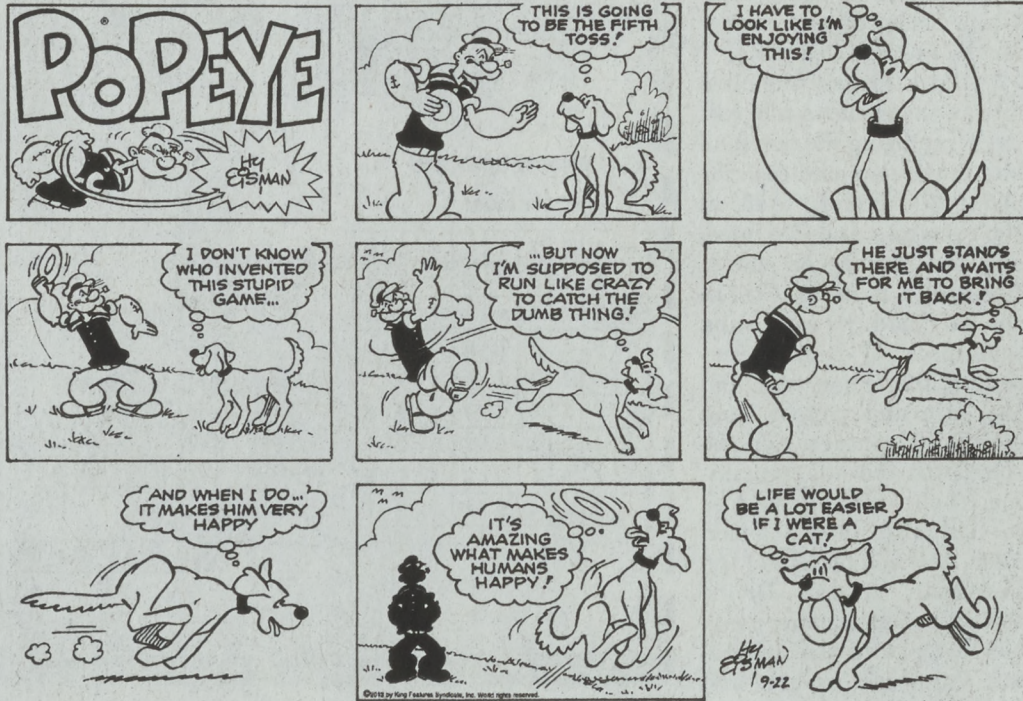
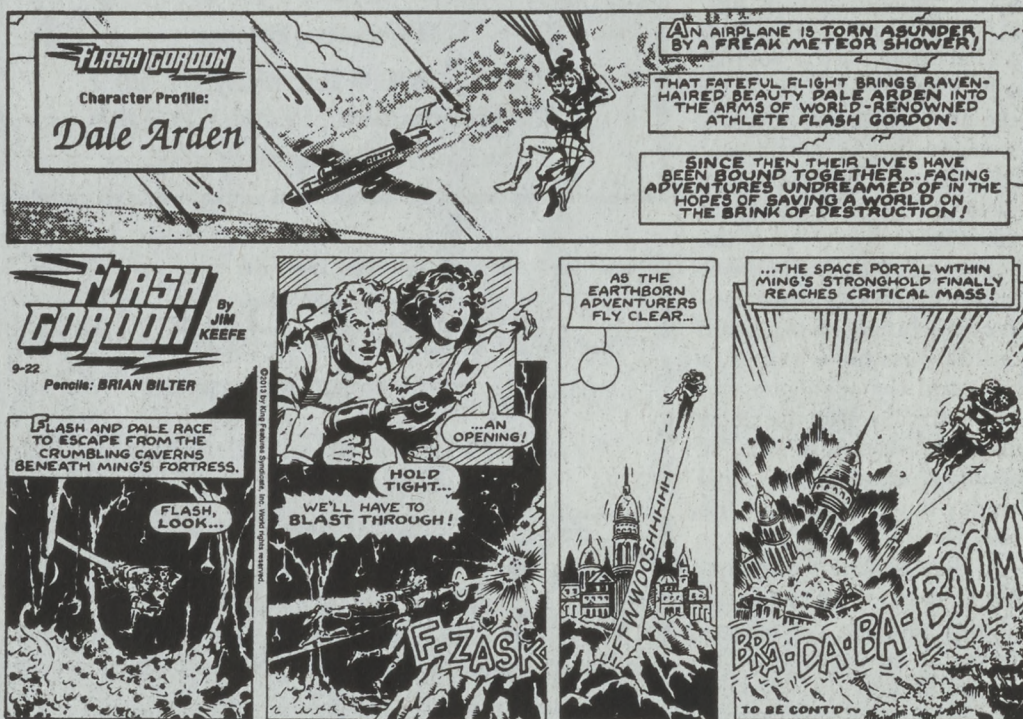


Out on a Limb

by Gary Kopervas



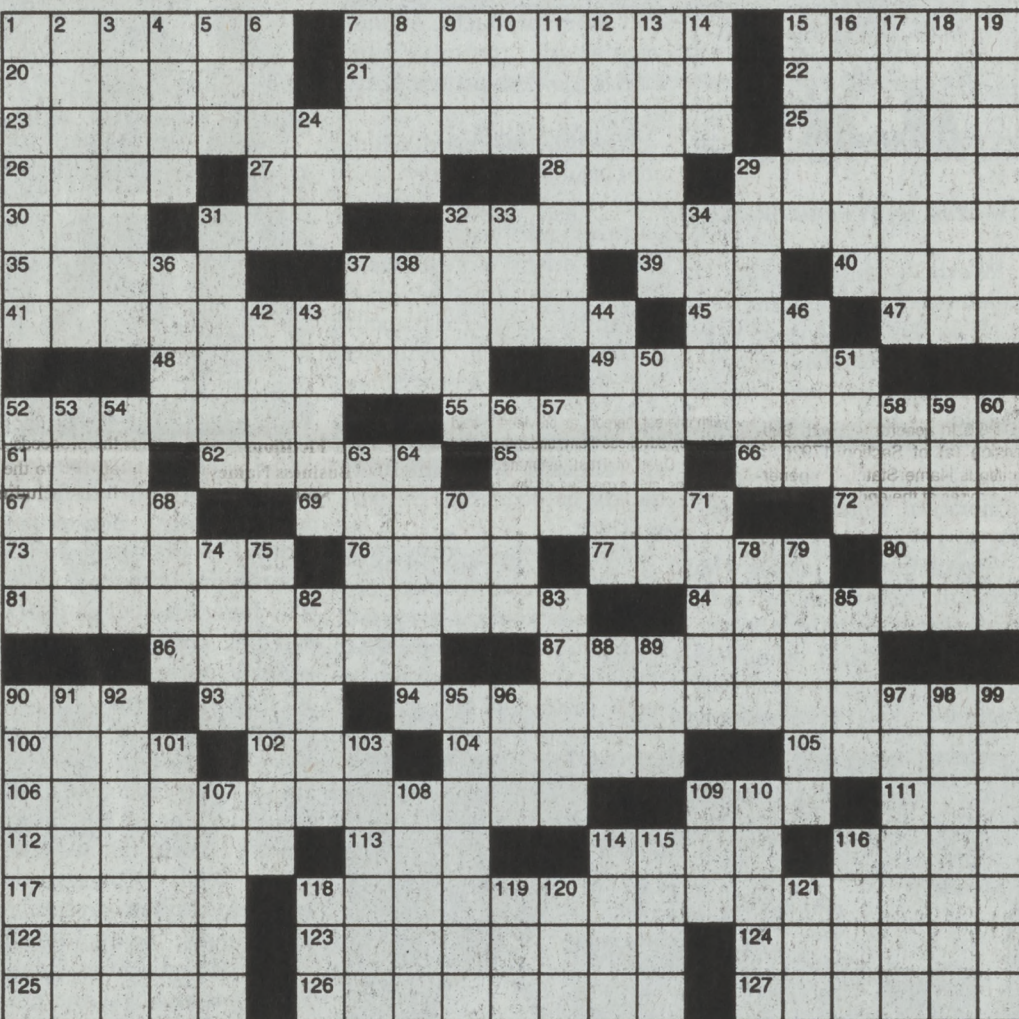
Puzzle answers are on Page 5



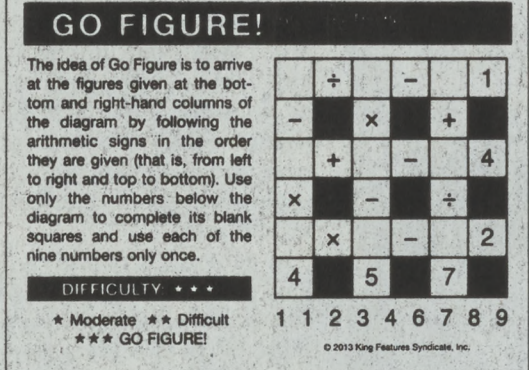
Super Crossword

NETTLE DETECTOR

- ACROSS**
- 1 Evil spirits
 - 7 Avoidance of reality
 - 15 Words before "war" or "God"
 - 20 Leaning type
 - 21 Personal magnetism
 - 22 Benton of "Hee Haw"
 - 23 Solitary
 - 25 Spring (from)
 - 26 Twice penta-
 - 27 12:00 in the daytime
 - 28 Place for a headphone
 - 29 Words after many book titles
 - 30 Singer DiFranco
 - 31 Poisonous evergreen
 - 32 What a woodpecker is?
 - 35 Bellybutton type
 - 37 China's Zhou
 - 39 Pigs' place
 - 40 Be thrifty
 - 41 Armstrong and Diamond riding bikes?
 - 45 Ending for form
 - 47 Took charge
 - 48 Haifa native
 - 49 Abrupt increase
 - 52 Putting chips in up front
 - 55 Cathedral next to the University of Oklahoma?
 - 61 Brit's lav
 - 62 Novelist Charles
 - 65 Weapon fill
 - 66 State in southwest India
 - 67 Gaunt
 - 69 Albacore got ready to pray?
 - 72 CVI halved
 - 73 Bassett of "Malcolm X"
 - 76 Official plural of a popular Toyota
 - 77 Flute and
 - 80 Sketch show since '75
 - 81 Library patron creating less clutter?
 - 84 Warm up, as leftovers
 - 86 Relative of Ltd.
 - 87 Not shown on TV, e.g.
 - 90 Sore
 - 93 Tow-offering org.
 - 94 Seamster imitated a horse?
 - 100 Bullfight bravos
 - 102 Joanne of "Wagon Master"
 - 104 Court staff member
 - 105 British singer
 - 106 Skills needed for a business workplace?
 - 109 Actress Longoria
 - 111 Sneaking
 - 112 Old town shouters
 - 113 — mo hybrid model
 - 114 Kismet
 - 116 Swedish auto
 - 117 Salon tint
 - 118 Occurrence of events not quite eerily at the same time?
 - 122 Blissful sites
 - 123 Necktie
 - 124 Given for a time
 - 125 Colas, e.g.
 - 126 Obliquely
 - 127 Pricey violins
- DOWN**
- 1 Scam
 - 2 Aigner of fashion
 - 3 Composer Henry
 - 4 "Three Sisters" sister
 - 5 Not a one
 - 6 View
 - 7 Cavern comeback
 - 8 Tibia's place
 - 9 Meowing pet
 - 10 Form of "be"
 - 11 Disinfectant ingredient
 - 12 Singer Hayes
 - 13 Silly smiles
 - 14 Bad, to Yves
 - 15 Go out with —
 - 16 Locust trees
 - 17 Petty
 - 18 Set eyes on
 - 19 Dealt with, as a difficult question
 - 24 "Incredible!"
 - 29 "Has fortune smiled on you yet?"
 - 31 Private aye?
 - 32 Calvin —
 - 33 Not, to Scots
 - 34 "Who can — to?"
 - 36 Tennis' Nastase
 - 37 Ovine female
 - 38 Oilers' gp.
 - 42 Writer Sarah — Jewett
 - 43 Pester a lot
 - 44 Tallied a total
 - 46 Tennis' Arthur
 - 50 Painter Veronese
 - 51 Catapult
 - 52 Composer Berg
 - 53 Nary a person
 - 54 Fiji neighbor
 - 56 Jack of old films
 - 57 Only U.S. pres. to resign
 - 58 Mrs. Mikhail Gorbachev
 - 59 Singer Black
 - 60 Welcomes
 - 63 Super- —
 - 64 Fascinated
 - 68 Legendary snow beast
 - 70 Assist
 - 71 Shroud site in Italy
 - 74 "Havana" actress Olin
 - 75 Skee-Ball locales
 - 76 "The Hoax" star Richard
 - 79 Aussie lass
 - 82 Ayn Rand hero
 - 83 Precepts
 - 85 Leg up
 - 86 Fish-fowl link
 - 89 Bible boat
 - 90 Freeholds
 - 91 Tenor Kraus
 - 92 Stated the meaning of
 - 95 Honda models
 - 96 Type
 - 97 Cry of praise
 - 98 Intertwisted
 - 99 Couches for sleeping
 - 101 Earth tone
 - 103 Dethrone
 - 107 Grossly dull
 - 108 TV's Stewart
 - 109 End-of-list abhor.
 - 110 Face hidiers
 - 114 Literary Huck
 - 115 Biol. branch
 - 116 Burn painfully
 - 118 Pistons' org.
 - 119 Ripken of baseball
 - 120 "Step — crack..."
 - 121 Unlaid part



MAGIC MAZE • TEA —



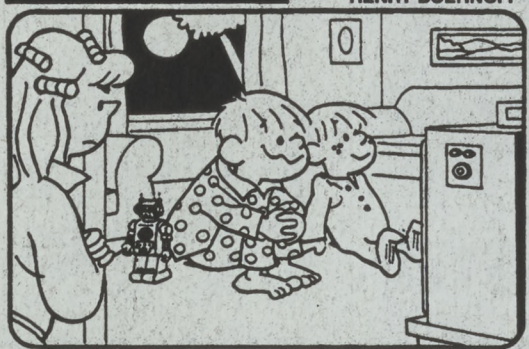
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YCBRVTRACWPWVTS
QPANLRDKMOORIHF
EPGDCOELTTEKTBZ
YVWUDFNSSRQPENM
LJIHFYTRAPOHSED

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

- | | | | |
|---------|---------|---------|-------|
| Bag | For two | Party | Set |
| Biscuit | Garden | Pots | Shop |
| Caddy | Kettle | Room | Towel |
| Cart | Parlor | Service | |

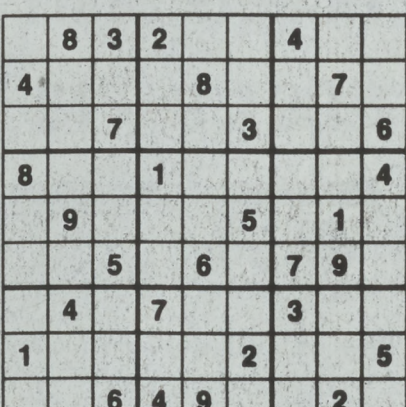
HOCUS-FOCUS

BY HENRY BOLTIHOFF



Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2013-698

The following person(s) is (are) doing business as:

Lighthouse Financial Planning, 101 Parkshore Dr., Suite 100, Folsom, CA 95630, County of Sacramento

TBFFP, Inc., 101 Parkshore Dr., Suite 100, Folsom, CA 95630

This business is conducted by Corporation

The registrant commenced to transact business under the fictitious business name or names listed above on 08/12/13

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

TBFFP, Inc.

S/James R. Johnson, President This statement was filed with the County Clerk of Yolo on August 26, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

New 9/4, 9/11, 9/18, 9/25/13

CNS-2528360#

NEWS-LEDGER

FICTITIOUS BUSINESS NAME STATEMENT

File No. 2013-705

The following person(s) is (are) doing business as:

Argent Bank, Street and Mailing address: 801 4th Street, Santa Rosa, CA 95404, County of Sonoma.

Articles of Incorporation or Organization Number: AI #0N:

Registered owner(s):

Sterling Savings Bank, 111 North Wall Street, Spokane, WA 99201. This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ Andrew J. Schultheis, Secretary.

This statement was filed with the County Clerk of Yolo on August 28, 2013.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

Original 9/4, 9/11, 9/18, 9/25/13

CNS-2528924#

NEWS-LEDGER

NOTICE OF TRUSTEE'S SALE

TS No. 09-0068155 Doc ID 40001113736782005N Title Order No. 44139631 Investor/Insurer No. 440125802APN No. 045-391-16-1 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/05/2005, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONSTRUCT COMPANY, N.A., as duly appointed Trustee pursuant to the Deed of Trust executed by SHEILA A. TELLEZ, AND ALDO V. TELLEZ, HUSBAND AND WIFE AS JOINT TENANTS, dated 08/05/2005, as Instrument No. 2005-003423-00, in Book N/A, Page N/A, of Official Records in the office of the County Recorder of Yolo County, State of California, will sell on 10/09/2013 at 12:00PM, At the rear (North) entrance to the City Hall Building, 1110 West Capitol Avenue, West Sacramento, CA 95691 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by a under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described as is purported to be: 2840 MORGANSON COURT, WEST SACRAMENTO, CA, 95691. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$343,279.57. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without any warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, and advances thereon, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction, or a check drawn on a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to

investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site www.recontrustco.com, using the file number assigned to this case TS No. 09-0068155. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. DATED: 09/11/2009 RECONSTRUCT COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281-8219, Sale Information (626) 927-4399 By: Trustee's Sale Officer RECONSTRUCT COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. A-4411821 09/11/2013, 09/18/2013, 09/25/2013

APN: 058-104-014-000 TS No.: CA05001261-13-1 TO No.: 1439497 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED April 24, 2006, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On October 2, 2013 at 12:45 PM, at the north entrance to the West Sacramento City Hall 1110 West Capitol Avenue, West Sacramento, CA 95691, MTC FINANCIAL INC. dba TRUSTEE CORPS, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on April 27, 2006 as Instrument No. 2006-0016602-00 of official records in the office of the Recorder of Yolo County, California, executed by RONALD S. ROJO AND LORI R. ROJO, HUSBAND AND WIFE AS JOINT TENANTS, as Trustor(s), in favor of SCME MORTGAGE BANKERS, INC., A CALIFORNIA CORPORATION as Lender and MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC. as nominee for Lender, its successors and/or assigns, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1705 VERMONT AVENUE, WEST SACRAMENTO, CA 95691. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$239,773.28 (Estimated), provided, however, prepayment penalties, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn on a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call Priority Posting and Publishing at 714-573-1965 for information regarding the Trustee's Sale or visit the Internet Web site address on the previous page for information regarding the sale of this property, using the file number assigned to this case, CA05001261-13-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: August 30, 2013 TRUSTEE CORPS TS No. CA05001261-13-1 17100 Gillette Ave., Irvine, CA 92614 949-252-8300 Joseph Barragan, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.priorityposting.com FOR AUTOMATED SALES INFORMATION

PLEASE CALL: Priority Posting and Publishing at 714-573-1965 TRUSTEE CORPS MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. P1058138 9/11, 9/18, 09/25/2013

Fictitious Business Name Statement

Filed Aug 15, 2013

File No. 2013-675

The following person is doing business as Pete's Restaurant & Brewhouse, 164 Main St., Woodland CA 95695, Yolo County.

J.W. Wells Corp., 2760 San Luis Ct., Sac. CA 95618.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

s/James Wells, Pres. JW Wells Corp.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Aug 15, 2013 s/Eleigh Schaubmayer, Deputy Clerk

Sep 18 25 Oct 2 9

Fictitious Business Name Statement

Filed Sep 12, 2013

File No. 2013-748

The following person is doing business as MARLECK, 1364 Milano Drive #3, West Sacramento CA 95691, Yolo County.

Matthew Miller, same address. This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

s/Matthew Miller

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Sep 12, 2013 s/Lupe Ramirez, Deputy Clerk

Sep 18 25 Oct 2 9

Fictitious Business Name Statement

Filed Sep 5, 2013

File No. 2013-722

The following person is doing business as 2nd Chance Junk, 611 Kentucky Ave, Woodland CA 95695, Yolo County.

Tim Rogers and Lori Rogers, 216 Teton Pl., Woodland CA 95695.

This business is conducted by a Married Couple.

The registrant commenced to transact business under the fictitious business name or names listed above on Aug 1, 2013.

s/Tim Rogers s/Lori Rogers

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Sep 5, 2013 s/Kimberli Quam, Deputy Clerk

Sep 18 25 Oct 2 9

Fictitious Business Name Statement

Filed Aug 30, 2013

File No. 2013-710

The following person is doing business as Consomotech, 1239 Depot St., Woodland CA 95776, Yolo County.

Constantino Montes, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 8/30/2013.

s/Constantino Montes

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Aug 30, 2013 s/Linda Smith, Deputy Clerk

Sep 18 25 Oct 2 9

Fictitious Business Name Statement

Filed Sep 5, 2013

File No. 2013-723

The following person is doing business as Gillian Green Studio, 4027 Montgomery Ave., Davis CA 95618, Yolo County.

Gillian Kalisky, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the

fictitious business name or names listed above on 8/1/2013.

s/Gillian Kalisky

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Sep 5, 2013 s/Lupe Ramirez, Deputy Clerk

Sep 18 25 Oct 2 9

PUBLIC HEARING NOTICE

The West Sacramento City Council will conduct a public hearing on October 2, 2013 at 7:30 PM or as soon thereafter as possible on the following.

The hearing will be held in the council chambers at the Civic Center, 1110 West Capitol Ave., West Sacramento. Interested persons are invited to attend. In compliance with the ADA, if you need assistance to participate in this meeting, you should contact the City Clerk at 617-4500. Notification 72 hours prior to the meeting will enable the City to make reasonable arrangements to assure accessibility to this meeting. City hall is handicapped accessible.

1. Resolution 13-67 a resolution to vacate portion of West Capitol Avenue and retain a temporary public utility easement. Sep 18 25

NOTICE OF AUCTION SALENOTICE IS HEREBY GIVEN that a mobilehome, registered to Michael McClory, with interested parties Angela McClory, and described as a 1958 Roadmaster, Decal Number AAT9792, Serial Number RM64745, Label/Insignia Number UNKNOWN, and stored on property within the Casa Mobile Park, at 1050 W. Capitol Ave., West Sacramento, CA, County of Yolo, 93691 (specifically the space designated as Space #59, within the park), will be sold by auction at the mobilehome park at the Casa Mobile Park, 1050 W. Capitol Ave., West Sacramento, CA, County of Yolo, 93691, (specifically the space designated as Space #59, within the park), on **October 7, 2013, at 11:00 a.m.**, and such succeeding sales days as may be necessary, and the proceeds of the sales will be applied to the satisfaction of the lien, including the reasonable charges of notice, advertisement, and sale.

This sale is conducted on a cash or certified fund basis only (cash, cashier's check or travelers checks only). Personal checks and/or business checks are not acceptable. Payment is due and payable immediately following the sale. No exceptions. The mobilehome and/or contents are sold as is, where is, with no guarantees. This sale under authority of

California Civil Code 798.56a and Commercial Code 7210.

Unless a written waiver is received from management/ plaintiff, the mobilehome and contents must be removed from the present location within 10 days.

DATED: September 15, 2013 JOSEPH W. CARROLL Attorney at Law 1231 I Street, Suite 203 Sacramento, CA 95814 (916) 443-9000 Sep 18 25

T.S. No. 0125001217 Loan No. 1010700616 APN: 058-240-056 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注: 本文件包含一个信息摘要 请各当事人留意 注意: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LUJY Y: KEM THEO DAY LA BAN TRINH BAY TOM LUO'Q'VE THONG TIN TRONG TAI LIEU NA [PURSUANT TO CIVIL CODE § 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY MAILED TO THE TRUSTOR.] YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 2/6/2008, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 10/16/2013 at 12:45 PM AT the north entrance to the West Sacramento City Hall, 1110 West Capitol Avenue, West Sacramento, CA, Old Republic Title Company, a California corporation, as the duly appointed Trustee under Deed of Trust recorded on 2/13/2008, as Instrument No. 2008-0004294-00, of Official Records in the office of the Recorder of Yolo County, California, executed by: Julianna Jambrits Bernedo, Trustee of the Amendment and Restatement of Julianna Jambrits Bernedo Revocable Trust, Dated March 15, 2003, and any Amendments Thereto, as Trustor, Generation Mortgage Company, as Lender/Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR (payable at time of sale in lawful money of the United States by cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California, describing the land therein: As more fully described on said Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 1624 19th Street West Sacramento, CA 95691. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to wit: \$185,114.75 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off

may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-573-1965 or visit this Internet Web site www.priorityposting.com, using the file number assigned to this case 0125001217. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. This property which is subject to this Notice of Sale does not fall within the purview of California Civil Code Section 2923.5. Date: 9/20/2013 Old Republic Title Company, as Trustee 1000 Burnett Avenue, Suite #400 Concord, California 94520 (866)248-9598 by: Debbie Jackson, Assistant Vice President P1061395 9/25, 10/2, 10/09/2013

Fictitious Business Name Statement

Filed Aug 21, 2013

File No. 2013-690

The following person is doing business as Freedom West Sales, 1981 Hecke Dr., Woodland CA 95776, Yolo County.

Jamie Zurney, same address. This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 8/21/13.

s/Jamie Zurney

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Aug 21, 2013 s/Liz Mahovich, Deputy Clerk

Sep 25 Oct 2 9 16

Fictitious Business Name Statement

Filed Aug 30, 2013

File No. 2013-713

The following person is doing business as Wind of Change, 113 D St., Davis CA 95616, Yolo County.

Kitchen Counter, LLC, 1420 East Roseville Pkwy, Suite 140-168, Roseville CA 95661.

This business is conducted by a Limited Liability Company.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

s/Sami El Chamil, Mgr Kitchen Counter, LLC

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Aug 30, 2013 s/Linda Smith, Deputy Clerk

Sep 25 Oct 2 9 16

Fictitious Business Name Statement

Filed Sep 18, 2013

File No. 2013-766

The following person is doing business as Bogart Communications, 760 Dorothy Adamo Ln #921, West Sacramento CA 95605, Yolo County.

Carol L. Bogart, same address. This business is conducted by an Individual - Sole Proprietor/ Independent Contractor.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/13/2013.

s/Carol L. Bogart

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California County of Yolo Freddie Oakley, Clerk Date: Sep 18, 2013 s/Kimberli Quam, Deputy Clerk

Sep 25 Oct 2 9 16

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO JUVENILE DIVISION

In the Matter(s) of LAQUISE STANLEY, NO. JV-13-00209

Dependent(s) CITATION

To: Levi Stanley

YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 725 Court Street, Woodland, California 95695, on November 19, 2013, at 9:00 a.m. in Department 5. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Felicia Stanley on November 27, 1997. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you. DATED: 9/10/13 s/Steven M. Basha Judge of the Juvenile Court

Sep 25 Oct 2 9 16

News-Ledger Directory of Local Places of Worship**Anna Street Baptist Church**
1400 Anna St.
(916) 371-6560
Sun 9:30 a.m. Bible Study
Sun. 11 a.m. Worship
Thurs. 6 p.m. Prayer Time
Pastor Barry Bauer
www.annastreetbaptist.com**Community Lutheran Church**
Rev. Holly Feather, Interim Pastor
920 Drever St., 371-8804
10 a.m. Worship/Sunday School
Friendly, inclusive faith language,
Progressive thea/ogy
LGBT, Interfaith folks welcome
www.community-lutheran-church.net**Our Lady of Grace Catholic Church**
911 Park Blvd., 371-4814
Father Nicholas Ho
Masses: Sat. Vigil 5:30pm
Sunday 9 & 11 a.m.
Weekdays 7 a.m.
No Mass on Thursday**Center for Spiritual Awareness**
1275 Starboard Dr.
374-9177 (For prayer line,
listen for prompt)
Sun. Service: 10:15
Youth Programs & Jr. Church
Rev. Georgia Prescott
www.csasacramento.org
for weekly affirmations.
All are welcome!**Good Shepherd Parish**
A welcoming, independent
Catholic Community
(916) 747-0284, 920 Drever St.
www.Good

CLASSIFIED ADVERTISING

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Mark A. Cooper maintenance Services. Weekly & biweekly lawn maintenance service. House rain gutter cleaning, one-time cleanups, lawn aeration. Licensed & insured. Call for free estimate. Mark Cooper, (916) 207-9870 (corrected number).

LAWN CARE SERVICE:

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 - One-time cleanups
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 - Install/renovate flower beds & lawns
- Licensed, insured & 10 years experience. Always free estimates! (916) 284-6905.

8.27.13

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- Monthly services
 - One-time cleanups
 - Equipment repairs
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- Licensed, insured Call (916) 284-6905.

8.27.13

YARDWORK TOOL MAINT.

Garden tool maintenance, power tool tune-up. Custom raised beds for your gardening needs! Call Dave, All Service Maintenance, 375-1993.

10

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J&J PLUMBING: We handle emergencies, plus scheduled plumbing work, remodels, sewers & drains. 371-4151. Cont lic. 552529.

25

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Need a strong website for your business? Local web designer & photographer can do the job! Call Eric, (888) 650-0790.

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RC GARAGE DOOR SERVICE & REPAIR. Call Ron at (cell) 916-704-9992, or (office/fax) 916-373-9437. Local West Sacramento-based service & repair! Bonded & insured. Lic. #909235. Visit www.RCGarageDoor.com.

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YOGA & FITNESS

"Chair Yoga" with Mae! Gentle movement & deep breathing to support mind/body health and chronic pain relief. 4:45 p.m. on Tuesdays at Margaret McDowell Manor, 1525 Merkley Ave, West Sac. Call (530) 400-3013

Mar 2013

PAINTING

LEO'S PAINTING: Interior/exterior, residential, commercial. 36 years of experience. Local in West Sacramento. Free estimates. Call (916) 346-5285. CA Lic. 643423.

4.16.12

STORAGE

Storage units, plus SECURE parking for RVs & boats. Southport Self Storage. Call (916) 395-3080. Or visit www.SouthportSelfStorage.com.

25

PAINTING

LEO'S PAINTING: Interior/exterior, residential, commercial. 36 years of experience. Local in West Sacramento. Free estimates. Call (916) 346-5285. CA Lic. 643423.

10.16.12

MOBILEHOME & RV SPACE

RV/Trailer living spaces for rent or lease. Short or long-term. Great location near downtown, shopping, public transportation. Also boat/RV storage. Low rates! Jack Lopes Mobile Home Park, 2125 West Capitol Ave. Call Jim Rothery, 916-719-6733.

8.27.13

APARTMENTS FOR RENT

Currently accepting applications for one, two, three & four bedroom apts for HUD Section 8. MAX. ANNUAL INCOME LEVELS ACCEPTED ARE: 1 PERS - 42,000, 2 PERS - 48,000, 3 PRS - 60,000, 5 PERS - 64,800, 6 PERS - 69,600. Please inquire at office, 600 6th Street, West Sacramento, M-F 10am - 4pm. (9.18)

HOUSE CLEANING

West Sacramento house cleaner. Excellent references. Call Lorraine, 372-7614.

HELP WANTED

Code Enforcement Supervisor for City of West Sacramento. \$6110-7426/mo + bnfts. To apply, visit www.cityofwestsacramento.org. FFD: 5pm, 9/16/2013 or 1st 50 applications.

JUNK HAULER

Too much clutter? Call 'Chuck Your Junk', your local junk hauler. www.chuckyourjunk.biz. (916) 877-4581. Email info@chuckyourjunk.biz.

ROOMS FOR RENT

For rent: two very large, pleasant rooms, with a new large bathroom, in Westmore Oaks area of West Sacramento. \$850. Utilities paid by owner. Call 371-9000.

LH WP - 9.4+

ANNOUNCEMENTS

DID YOU KNOW that Ten Million adults tweeted in the past month, while 164 million read a newspaper in print or online in the past week? ADVERTISE in 240 California newspapers for one low cost. Your 25 word classified ad will reach over 6 million+ Californians. For brochure call Elizabeth (916)288-6019. (Cal-SCAN)

AUTOS WANTED

CASH for CARS Vintage Mercedes convertibles, Porsche, Jaguar, Alfa, Lancia, Ferrari, Corvettes, Mustangs. Early Japanese Cars, Other collector cars of significant value desired. 714-267-3436 michaelcannfield204@gmail.com

DONATE YOUR CAR - Fast Free Towing 24 hr. Response - Tax Deduction. UNITED BREAST CANCER FOUNDATION. Providing Free Mammograms & Breast Cancer Info 888-792-1675 (Cal-SCAN)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 1-800-645-0708 (Cal-SCAN)

BUSINESS SERVICES

Many a small thing has been made large by the right kind of advertising - Mark Twain. ADVERTISE your BUSINESS CARD sized ad in 140 California newspapers for one low cost. Reach over 3 million+ Californians. Free brochure elizabeth@cnpa.com (916)288-6019. (Cal-SCAN)

The business that considers itself immune to advertising, finds itself immune to business. REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST EVERY COUNTY! Over 270 newspapers! Combo-California Daily and Weekly Networks. Free Brochures. elizabeth@cnpa.com or (916)288-6019. (Cal-SCAN)

CABLE/INTERNET SERVICES

SAVE on Cable TV-Internet-Digital Phone-Satellite. You've Got A Choice! Options from ALL major service providers. Call us to learn more! CALL Today. 888-706-4301. (Cal-SCAN)

CABLE/ SATELLITE TV

*REDUCE YOUR CABLE BILL! Get an All-Digital Satellite system installed for FREE and programming starting at \$24.99/mo. FREE HD/DVR upgrade for new callers. SO CALL NOW! (877)366-4509 (Cal-SCAN)

DirecTV - Over 140 channels only \$29.99 a month. Call Now! Triple savings! \$636.00 in Savings, Free upgrade to Genie & 2013 NFL Sunday ticket free!! Start saving today! 1-800-291-0350 (Cal-SCAN)

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-357-0810 (Cal-SCAN)

CAREER TRAINING/ EDUCATION

AIRLINE CAREERS begin here - Get FAA approved Aviation Maintenance Technician training. Job placement and Financial assistance for qualified students. CALL Aviation Institute of Maintenance 888-242-3382 (Cal-SCAN)

AIRLINE CAREERS begin here - Get FAA approved Maintenance training. Financial aid for qualified students - Housing available. Job placement assistance. CALL Aviation Institute of Maintenance 877-804-5293 (Cal-SCAN)

COMPUTER SERVICES

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Professional, U.S.-based technicians. \$25 off service. Call for immediate help. 1-888-865-0271 (Cal-SCAN)

CREDIT/DEBT SERVICES

GET FREE OF CREDIT CARD DEBT NOW! Cut payments by up to half. Stop creditors from calling. 888-416-2691. (Cal-SCAN)

FINANCIAL AID

Cut your STUDENT LOAN payments in HALF or more even if you are Late or in Default. Get Relief FAST Much LOWER payments. Call Student Hotline 855-589-8607 (Cal-SCAN)

FINANCIAL SERVICES

Guaranteed Income For Your Retirement. Avoid market risk & get guaranteed income in retirement! CALL for FREE copy of our SAFE MONEY GUIDE Plus Annuity Quotes from A-Rated companies! 800-375-8607 (Cal-SCAN)

HEALTH/ MEDICAL

Canada Drug Center es tu mejor opcion para ordenar medicamentos seguros y economicos. Nuestros servicios de farmacia con licencia Canadiense e Internacional te proveeran con ahorros de hasta el 90 en todas las medicinas que necesitas. Llama ahora al 1-800-385-2192 y obtén \$10 de descuento con tu primer orden ademas de envío gratuito. (Cal-SCAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call today 1-800-273-0209, for \$10.00 off your first prescription and free shipping. (Cal-SCAN)

HELP WANTED DRIVERS

Drivers - CDL-A Train and Work for Us! Professional, focused CDL training available. Choose Company Driver, Owner Operator, Lease Operator or Lease Trainer. (877) 369-7126 www.CentralTruckDrivingJobs.com (Cal-SCAN)

DRIVERS: EARN \$1000+ per week. Full benefits + quality hometime. New trucks arriving. CDL-A required. Call 877-258-8782 www.ad-drivers.com (Cal-SCAN)

NEED CLASS A CDL TRAINING? Start a CAREER in trucking today! Swift Academies offer PTDI certified courses and offer "Best-In-Class" training. • New Academy Classes Weekly • No Money Down or Credit Check • Certified Mentors Ready and Available • Paid (While Training With Mentor) • Regional and Dedicated Opportunities • Great Career Path • Excellent Benefits Package Please Call: (520) 226-4362 (Cal-SCAN)

HELP WANTED SALES

SALES: EARN \$500 A DAY: Insurance Agents needed; Leads, no cold calls; Commissions paid daily; Lifetime renewals; Complete training; Health/Dental Insurance. Life license required. Call 1-888-713-6020 (Cal-SCAN)

INSURANCE/ AUTOMOTIVE

SAVE \$\$\$ on AUTO INSURANCE from the major names you know and trust. No forms. No hassle. No obligation. Call READY FOR MY QUOTE now! CALL 1-888-706-8325. (Cal-SCAN)

INTERNET/ CABLE

AT&T U-Verse for just \$29/mo! BUNDLE & SAVE with AT&T Internet+Phone+TV and get a FREE pre-paid Visa Card! (Select plans). HURRY, CALL NOW! 800-319-3280 (Cal-SCAN)

PERSONALS- ADULT

MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

TRAVEL/ VACATIONS

\$399 Cabo San Lucas All Inclusive Special - Stay 6 Days In A Luxury Beachfront Resort With Unlimited Meals And Drinks For \$399! www.luxurycabohotel.com 888-826-2141 (Cal-SCAN)

WANTED TO BUY

CASH PAID FOR DIABETIC STRIPS!! Don't throw boxes away-Help others. Unopened /Unexpired boxes only. All Brands Considered! Call Anytime! 24hrs/7days (888) 491-1168 (Cal-SCAN)

APN: 058-182-005-000 T S N o : CA05000471-12-1 To No: 1130019 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/08/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On October 15, 2013 at 12:45 PM, at the north entrance to the West Sacramento City Hall 1110 West Capitol Avenue, West Sacramento, CA 95691, MTC FINANCIAL, INC. d/b/a TRUSTEE CORP., as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded on February 10, 2003 as Instrument No. 2003-007348-00 of official records in the Office of the Recorder of Yolo County, California, executed by JOHN SACERINO, as Trustor(s), in favor of WASHINGTON MUTUAL BANK, FA as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1512 NORFOLK AVENUE, WEST SACRAMENTO, CA 95691 The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$370,484.25 (Estimated) plus accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of all outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company. If either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERLY OWNED: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee,

state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company. If either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERLY OWNED: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee,

or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present, the sale, if you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, 916-939-0772 for information regarding the trustee's sale or visit this Internet Web site, www.nationwideposting.com, for information regarding the sale of this property, using the file number assigned to this case T.S.# 9985-2854. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. NBS Default Services, LLC 301 E. Ocean Blvd, Suite 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.nationwideposting.com or Call: 916-939-0772. NBS Default Services, LLC, Suzanne Castle "We are attempting to collect a debt, and any information we obtain will be used for that purpose." NPP0221050 To: NEWS LEDGER 09/18/2013, 09/25/2013, 10/02/2013

Send your

letter to the editor or your news item to:

steve@news-ledger.com (don't forget that hyphen!)

or to:

News-Ledger
P.O. Box 463, West Sacramento CA 95691

Please include your name, address & phone number.

File No. 2013-744
FICTITIOUS BUSINESS NAME STATEMENT

Name(s): Advance America, Cash Advance Centers / Advance America, Cash Advance

(2) Street Address, City, State and Zip of Principal Place of Business in California: Physical Business Address: 4715 West Main Street, Woodland, CA 95695, County: Yolo

Business Mailing Address: 135 North Church Street, Spartanburg, SC 29306

(3) List Full Name of Registrant: Advance America, Cash Advance Centers of California, LLC, Delaware Company, 135 North Church Street, Spartanburg, SC 29306

(4) Business Classification: limited liability company

(5) Starting Date of Business: 11/9/1999

I declare that all information in this statement is true and correct. (A registrant who declares as true information of which he or she knows to be false is guilty of a crime.)

(6) Signature of Registrant:

If registrant is a corporation, indicate the corporation name, and your official title:

Corporation Name: Advance America, Cash Advance Centers of California, LLC

Signed: James A. Ovenden, Official Title: CFO/VP Print or Type Name: James A. Ovenden

This statement was filed with the Yolo County Clerk on September 11, 2013.

NOTICE - In accordance with subdivision (a) of Section 17920, a Fictitious Business Name Statement generally expires at the end of five years from the date on which it was filed in the Office of the County Clerk. Except, as provided in subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14411 et seq., Business and Professions Code).

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California, County of Yolo
FREDDIE OAKLEY, COUNTY CLERK/RECORDER
BY: KIMBERLY QUAM, Deputy Clerk
CN 890005 9/18 25 10/2 10/9

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-680

The following person(s) is (are) doing business as:

OneCare Home Health & Hospice, 100 E. San Marcos Blvd., Ste. 200, San Marcos, CA 92069, County of Yolo

Fennel Holdings, LLC, 100 E. San Marcos Blvd., Ste. 200, San Marcos, CA 92069

This business is conducted by limited liability company

The registrant commenced to transact business under the fictitious business name or names listed above on N/A

I declare that all information in this statement is true and correct. (A registrant who declares as true information of which he or she knows to be false is guilty of a crime.)

Fennel Holdings, LLC
S/ Nanci Wilson, President

This statement was filed with the County Clerk of Yolo on August 16, 2013.

NOTICE-In accordance with Section 17920(a), a Fictitious Name Statement generally expires five years from the date it was filed with the County Clerk, except as provided in Section 17920(b), where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

New
9/11, 9/18, 9/25, 10/2/13
CNS-2521349#
NEWS-LEDGER

Local Scene

Telephone area codes are "916" unless otherwise specified.

CA 95691. RSVP by Sept. 14. For information, email jmhs73@wavecable.com.

\$10 (which goes to 'Toys For Tots'). Call 601-8266 to reserve a space to sell.

Donate an instrument

The River City High School music program is firing up for another year, and band members would welcome any donated instruments. If you have an unused musical instrument, consider donating it to the program. Contact Tony Marvelli, director of bands, at amarvelli@wusd.k12.ca.us or 375-7800 ext. 2210. Visit www.rivercityregiment.com or drop by the school at 1 Raider Lane.

Free groceries

Free groceries are passed out on the last Wednesday, Thursday and Friday of each month at the food ministry of Southport Community Church. The giveaway happens during regular store hours at Shepherd's Hand Thrift Store, 2919 Promenade St., Suite 120 (at Southport Parkway). The thrift store supports the food ministry as well as other charities. Your donations of clothing and household goods help the thrift store fulfill its mission, and the store is always seeking volunteers.

Democrats' BBQ

The River City Democratic Club will hold its "River City Roundup" fundraiser on Sat., Sept. 28. There will be live music (including performances by city councilman Mark Johannessen) and home-cooked barbecue. Tickets available in advance through the club's Facebook page, or at rcdc2013roundup.eventbrite.com/, and prices start at \$20/guest or a \$10 hardship rate. The event will be held 1-5 p.m. at 396 Gregory Avenue.

Sunday night football

Join the West Sacramento Elks for Sunday Night Football on September 29. Doors open at 5 p.m., game at 5:30, with Philly cheese sandwiches available for \$6.50. Visit the lodge at 423 3rd St. Info: Sherry, 371-7122.

Marshall High, '73

The reunion committee for James Marshall High School's Class of 1973 asks alumni to save the date of Sat., Sept. 28, for a 40th reunion celebration. Planned is a "casual buffet dinner" to meet with old friends at the Club Pheasant. Social hour starts at 6 p.m., dinner at 7. \$25/person, spouses welcome but optional. Make check payable to Club Pheasant and mail to Lili Metzger, P.O. Box 448, West Sacramento

Health coverage

Learn more about the new health care laws and how they affect you as an individual or your small business. Attend a workshop about the Patient Protection and Affordable Care Act of 2010 at one of four scheduled workshops held at the local library, 1212 Merkley Avenue: 5:30-7:30 p.m. on Wed., Sept. 4; or 6:30-8 p.m. on Oct. 3 or Oct. 15. Free. Sponsored the UC Davis Center for Reducing Health Disparities.

For info on "Covered California," see www.CoveredCA.com or call (888) 975-1142.

Soccer players wanted

Sacramento Republic FC will hold player tryouts on Oct. 5-6 and Oct. 19-20 at the Davis Legacy Soccer Complex on the frontage road near Davis. Players 18 and up will receive "full evaluation" from Republic FC coaching staff. Lunch and a T-shirt provided. \$200 registration fee for each tryout. Pre-register online; visit www.SacRepublicFC.com.

The new United Soccer Leagues (USL) professional team will play at Raley Field beginning next year.

History Society's BD

The West Sacramento Historical Society is celebrating its 20th birthday. You're invited to join the group for a potluck with some cake and ice cream. The party is scheduled for Saturday, Sept. 28, from 12:30-4 p.m. at VFW Post 8762, 905 Drever Street. Potluck, with cake, ice cream & soft drinks provided (the VFW separately offers a full bar). Share your West Sacramento history with the society. Info or RSVP to Kathy, 372-5518.

Play & learn

Bring your baby, toddler or preschooler to a special playroom in the library (1212 Merkley Avenue) from 10:15 to 11:30 a.m. on Sept. 7, 14, 21 or 28. Talk to other parents, meet specialists in childhood education and ask them questions about your child's development. Register in advance—please visit the library. Sponsored by First 5 Yolo.

Parking lot sale

A parking lot sale will be held at 8 a.m. on Sunday, Oct. 6, to benefit 'Toys for Tots.' The sale will take place in the parking lot of Cheers, 2435 West Capitol Avenue. Vendor space available for

Be a model

Crickets Creative Apparel is casting for volunteers to model at the "Vintage Fashion Follies," supporting the West Sacramento Historical Society. The show is scheduled for Saturday, Oct. 19, in the Black Box Theater at the West Sacramento Community Center.

Contact Sandy Beers at 698-8466 or Tianna Beers Worl at (530) 867-2002. Or email cricketsapparel@aol.com. You'll need to provide a photo of identification, your email and home address, and a contact number.

Raffle returns!

The annual "All Charities Raffle" has returned to West Sacramento. The event is organized by the West Sacramento Foundation, which arranges for raffle prizes and prints tickets for local sports groups and nonprofits to sell as a fundraiser. Each of these groups keeps \$9 of every ticket's \$10 price.

A large number of local groups have tickets to sell. Interested West Sacramento organizations may call Charles Moore, (916) 417-5623, for more information. You can also visit www.WestSacFoundation.org for more information.

This year's prizes include the use of condos in Hawaii and Mexico, hotel and B&B stays in resort areas, a Whitey's Jolly Kone combo every day for a year, use of a 20-person luxury suite at Raley Field for one River Cats game, a \$500 IKEA gift card, a gas grill, bikes and more.

The raffle will be held during a spaghetti dinner hosted by the Knights of Columbus, 5:30-7:30 p.m. on Oct. 12 at Holy Cross Church, 1321 Anna Street. \$5 dinner price.

Wine & Art

The fourth annual "Wine & Art Faire" fundraiser held at the Old Sugar Mill in Clarksburg returns from 1-7 p.m. on Oct. 6. The event benefits the Lymphoma & Leukemia Society.

Over 50 authors, musicians, artists and craftspeople will gather at the site to show their creations. Wine tasting is provided by Delta-area wineries at the Old Sugar Mill, and there will be music by local groups. See the displays & taste the wares for \$20 in advance or \$25 at the door. The Old Sugar Mill is located at 35265 Willow Avenue, in Clarksburg.

Spring into a new you!



Summer Weight Loss Special
at Spring Medical Clinic in West Sacramento:
New patients: \$20 off 'start fee.'* Existing patients: 1 free box of protein bars.*
State-of-the-art measurement -- no tape measures!
You'll receive a 5-page body composition print-out. FDA-approved weight loss medication available. Delicious high-protein foods available. No contracts. Follow up either weekly or monthly!
SPRING MEDICAL CLINIC - WEST SACRAMENTO
1355 Halyard Dr. #130 (new location -- near our old location)
West Sacramento CA 95691 • (916) 265-6309 • Open M-F 9:30 - 5:30, Sat. 8:30-2
**With paid medical weight loss office visit; must bring in this ad for discount. Expires 9.22.13*

Visit www.CarvalhoFamilyWinery.com or www.LLS.org/sac, email Marnie@CarvalhoFamilyWinery.com, or call 744-1625 or 275-8719.

'Vessels & Vines'

Live music, wine tasting, food, local art and fantastic classic boats will be part of "Vessels & Vines," a fundraiser for the Sacramento Delta Youth Maritime Association (Sea Scouts) starting at 5 p.m. on Oct. 5 at the Sacramento Marina. For information, call Nate Eckler at 775-3732 or visit www.sacramentomarina.com.

www.youthmaritime.com.

Farmers market

The market is back on Thursdays evenings through September on the 1100-block of West Capitol Avenue, near the civic center. The market is on West Capitol in front of city hall.

Selected evenings will include a special sit-down dinner for which tickets are available. For information and tickets, watch www.wsfarmersmarket.com. New to the market this year will be

a series of food trucks. Market hours are 4:30 p.m. to dusk on Thursdays.

Veterans Day parade

A West Sacramento Veterans Day Parade is planned for Nov. 11, organized by the Bryte & Broderick Community Action Network (BBCAN). This year's parade route will be in the city's Bryte (northwestern) neighborhood. Groups, businesses and local veterans who wish to participate should contact Alicia Cruz, 640-3677.

See LOCAL, p. 3

How To Get Rid of Knee Pain Once And for All.. Without Drugs, Shots, or Surgery



A Non-Surgical, Non-Invasive knee pain Treatment - Now Available!

Now, in West and South Sacramento, Ca, one doctor is helping local residents with knee pain live more active, pain-free lives without drugs, shots, or surgery.

My name is **Dr. Dennis Nguyen**, owner of East Yolo Chiropractic and Optimal Health and Wellness Clinic. Since we opened, we've seen many people with knee problems leave the office pain free.

Do You Have Any of the Following Conditions?

- Arthritis
- Knee pain
- Cartilage damage
- 'Bone-on-bone'
- Tendonitis
- Bursitis
- Crunching and popping sounds

Could This Non-Invasive, Natural Treatment Be The Answer To Your Knee Pain?

The First 25 Callers only, I'm running a very special offer where you can find out if you are a candidate for cold laser therapy.

What does this offer include? Everything I normally do in my "Knee Pain Evaluation". Just call **916-583-2632** and here's what you'll get:

- An in-depth consultation about your problem where I will listen...really listen...to the details of your case.
- A complete neuromuscular examination.
- A thorough analysis of your exam and x-ray or MRI findings so we can start mapping out your plan to being pain free.
- You'll see everything first hand and find out if this amazing treatment will be **your** pain solution, like it has been for so many other patients.

Dr. Dennis Nguyen DC, PhD.

CALL TODAY TO SCHEDULE YOUR KNEE PAIN EVALUATION

916-583-2632

\$35 (\$250 VALUE) AVAILABLE TO THE FIRST 25 CALLERS!

Tell the receptionist you'd like to come in for the Knee Evaluation

2939 W. Capitol Ave, West Sacramento • 6005 Florin Rd., Ste. 300, Sacramento

www.OptimalHealthWellnessClinic.net

**CLEAN, SECURE,
 AFFORDABLE
 BOAT AND RV STORAGE
 SPACES STARTING AT \$59.00 A MONTH
 LIMITED TIME OFFER
 916-395-3080**



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